

Full Report (All Nutrients) 45135015, BANQUET CHICKEN NUGGET MAC AND CHEESE, UNPREPARED, GTIN: 00031000809218

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 13:46 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Meal (209g) 209g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	470	225
Protein	g	--	--	15.01	7.18
Carbohydrate, by difference	g	--	--	58.00	27.75
Sugars, total	g	--	--	29.99	14.35
Minerals					
Calcium, Ca	mg	--	--	100	48
Iron, Fe	mg	--	--	3.59	1.72
Potassium, K	mg	--	--	500	239
Sodium, Na	mg	--	--	711	340
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	3.6	1.7
Vitamin A, IU	IU	--	--	2999	1435
Lipids					
Fatty acids, total saturated	g	--	--	3.99	1.91
Fatty acids, total monounsaturated	g	--	--	6.00	2.87
Fatty acids, total polyunsaturated	g	--	--	9.01	4.31
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	40	19

Amino Acids

Other

Ingredients
CHICKEN NUGGETS: Chicken Breast with Rib Meat, Water, Bread Crumbs (Bleached Wheat Flour, Salt, Dextrose, Yeast, Soybean Oil, Spice, Extractives Of Paprika), Batter (Water, Yellow Corn Flour, Corn Starch, Dextrose, Salt, Spices, Sugar, Autolyzed Yeast Extract, Modified Corn Starch, Garlic Powder, Guar Gum, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Soy Flour, Modified Corn Starch, Salt, Autolyzed Yeast Extract, Sodium Tripolyphosphate, Flavorings, Fried in Vegetable Oil. MACARONI AND CHEESE SAUCE: CHEESE SAUCE: Water, Cheddar Club Cheese (Pasteurized Cultured Milk, Salt, Enzymes, Annatto [Color]), Modified Whey, Soybean Oil, Modified Corn Starch, Nonfat Dry Milk, Cheese Flavor (Whey, Cheese [Granular and Blue {Pasteurized Milk, Cheese Culture, Salt, Enzyme}]), Sunflower Oil,

Maltodextrin, Salt, Sodium Phosphate, Citric Acid, Lactic Acid), Salt, Sugar, Sodium Phosphates, Xanthan Gum, Citric Acid, Guar Gum, Beta Carotene (Color), COOKED MACARONI: Water, Enriched Pasta (Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid). BROWNIE: Brownie Mix (Sugar, Wheat Flour, Cocoa Powder, Whole Egg Powder, Whey Powder, Sodium Bicarbonate), Water, Soybean Oil, Modified Corn Starch, Cellulose Gel, Propylene Glycol, Cellulose Gum, Natural and Artificial Flavors, Ethyl Alcohol, Corn Syrup, Invert Sugar, Caramel Color. CONTAINS: EGG, MILK, SOY, WHEAT.
Date Last Updated by Company: 09/08/2016